### Schools Newsletter





"Schools which integrate gardens into the curriculum are developing children who are much more responsive to the challenges of adult life"
- Dr Simon Thornton Wood, Royal Horticultural Society.

### The benefits of gardening for children

- Supports Health and Wellbeing curriculum
- Aids physical development
- Develops language and communication skills
- Learning opportunities across early years, primary, SEN
- Promotes interest in healthy eating
- Grow flowers and plants to support wildlife



"We had a lovely day planting up the garden4me raised planter at Wharton Primary with various herbs. They tasted the chives (and weren't that keen) and we made mint tea with some of the leaves and they all tasted it and they loved that" - Anne Gunning, RHS North West Community





Why not come and see us at RHS Chatsworth Show June 6th – 10th or RHS Tatton show July 18th – 24th. We will be showing a full range of colours and offering advice on great things to plant.

Outreach Advisor



#### Maria Goretti Foundation

The Maria Goretti Foundation in Ireland has taken delivery of 8 garden4me planters. The facility provides a holistic service, supporting both child and family, in a home from home environment for children, with Autism, intellectual disability or physical and sensory disabilities.



Brightly coloured Green and Yellow planters in the sensory garden at the Maria Goretti Foundation

Why not see what you can grow in your garden4me planter by looking at our videos: www.garden4me.co.uk/our-videos/

We are delighted to announce the launch of our brand new garden4me raised planter in Purple. It adds another vibrant colour to the range to complement the Green, Yellow, and three Granite colours we already have in the range. The early response has been really positive and we look forward to seeing photos with it fully planted.

### Why is Sensory Play important?

Sensory play engages children, helping them explore and discover the world - and using their senses through sensory play is recognised as an integral part in their development. Sensory Play includes any activity that will stimulate any one or all of a child's five senses.

All children need help learning how to use their senses. Some children will experience greater and more specific difficulties in making sense of all the different sensations - and how to react to them. A child with Special Educational Needs, whose ability to learn through their senses might be affected, will need extra help to do this. That is why Sensory Play is so important for them and has many benefits:

- Aids children in engaging with their peers
- Encourages children to develop motor skills to carry out everyday tasks
- Helps to develop cognitive skills
- Helps to develop speech and language
- Helps to learn sensory features and how to react e.g. is something hot or too cold?
- Calming

#### **Helen J Foakes SEN Teacher**



# £207.50 plus VAT & Delivery

# Garden4me planters are great for children of all ages

### Inspire children to learn about growing

- Range of bright colours
- Easy assembly
- Safe, stable and robust
- Low maintenance
- Ideal height for children

- Built in reservoir
- Plants stay watered in school holidays
- Can be split into 10 miniplots
- Lifetime guarantee



## You can follow garden4me on all the main social media channels – Twitter, Facebook and Instagram. Follow us @garden4me\_







Why not check out our monthly calendars full of handy hints and gardening tips www.garden4me.com

Bees play a key role in our gardens, particularly in the vegetable plot and in pollinating flowers which would be unable to produce seed without them

### Growing plants to support wildlife has never been more important

There is a growing understanding that the bee and butterfly population is in serious decline. The reasons for this are hotly debated, with phone masts and the use of pesticides being widely cited as the main reasons. Regardless of the cause, we can all do our bit to support bees and butterflies by growing 'bee friendly and butterfly friendly' plants.

Most major garden centres and growing websites now identify plants which are 'bee and butterfly friendly', and the plants themselves are often vibrant in colour, appearance and fragrance and make the most fantastic gardens – with the big bonus of supporting nature.



#### **Great for Schools**

Our garden4me raised planters are perfect for growing bee and butterfly friendly plants. They are perfect for schools, pre-school, nurseries and playgroups enabling children to learn about nature and the environment and at the same time to develop their own gardening skills.

> Contacts Info 0161 641 6859 | www.garden4me.com